WORLD PSORIASIS DAY 2026

Scientific Event Report

LOOK BEYOND MY SKIN | YOUTH IN FOCUS

DATE	LOCATION	VENUE
Thursday, 29 October 2026	Sana'a, Yemen	Harraz Café, Beirut Street
PROGRAMME	**FORMAT**	**THEME**
08:30 AM–12:30 PM	Scientific lectures and recognition	Youth and holistic psoriasis care

Overview

On 29 October 2026, the Yemeni Society of Dermatology, Venereology and Aesthetics (YSDVA), in collaboration with the Dermatology, Venereology and Aesthetic Medicine Center at Al-Sabeen Maternity and Childhood Hospital, convened a scientific day in Sana'a to mark World Psoriasis Day. Under the theme "Look Beyond My Skin – Youth in Focus," the meeting brought together a programme of ten expert presentations featuring clinicians and academics from Yemen and Egypt. It addressed current advances in psoriasis science and care while placing particular emphasis on young people, the psychosocial burden of disease, and the need for person-centred management. The programme was accompanied by a series of free medical consultation and treatment days, benefiting 250 patients with psoriasis through clinical examinations and the distribution of treatments at no cost.



Figure 1. Participants attending the World Psoriasis Day 2026 scientific event in Sana'a, Yemen.

Organisation and Scientific Supervision

The event was held under the scientific supervision of the Scientific Council for Dermatology and Venereology at the Yemeni Council for Medical and Health Specialties, chaired by Prof. Mutaia Abuarij. Dr. Nojood Al-Ba'adani, Head of the Dermatology, Venereology and Aesthetic Medicine Department at Al-Sabeen Hospital, chaired the scientific event.

Opening Ceremony

The opening ceremony took place from 08:30 to 09:00 AM, preceding the scientific lectures. Prof. Mutaia Abuarij and Dr. Nojood Al-Ba'adani delivered the opening remarks.



Figure 2. Prof. Mutaia Abuari the President of YSDVAj delivering the opening remarks at the World Psoriasis Day 2026 scientific event in Sana'a, Yemen.

Background and Objectives

The meeting continued YSDVA's longstanding World Psoriasis Day educational initiative, which began approximately eight years earlier and has developed into a recurring forum for continuing medical education in Yemen. In 2025, the Society marked the day in Aden, with live transmission to Sana'a. The 2026 event extended this work through a programme designed to support evidence-based diagnosis and management, draw attention to systemic and emotional dimensions of psoriasis, promote multidisciplinary dialogue, and challenge the stigma associated with a non-contagious, chronic immune-mediated disease.

Scientific Programme Highlights

Following the opening ceremony, ten presentations were delivered between 09:00 AM and 12:30 PM, with a short intermission. The programme covered immunopathogenesis and immunometabolic mechanisms, diagnostic challenges and dermoscopy, hidden burdens of disease, paediatric psoriasis, evolving treatments, targeted phototherapy, and new technological applications. A concluding presentation addressed comprehensive scar management within the broader dermatology programme.



Figure 3. Prof. Saleh Bahaj presenting his scientific lecture on psoriasis following the opening ceremony.

Official Scientific Programme



Figure 4. Official scientific programme poster for World Psoriasis Day 2026 in Sana'a, Yemen.

Recognition and Appreciation

The event acknowledged the contributions of scientific speakers, the preparatory and organising teams, and dermatologists achieving Arab and Yemeni Board qualifications.



Figure 5. YSDVA President Prof. Mutaia Abuarij and Secretary-General Prof. Kassem Al-Nadheri, with senior consultants, honouring a member of the event's organising committee.

Educational Significance

- **Updated clinical perspectives.** The programme connected emerging evidence on immune-mediated disease with practical issues in diagnosis, treatment selection and clinical follow-up.
- **Whole-person and youth-centred care.** Sessions placed the less visible psychological and social impact of psoriasis alongside its physical manifestations, consistent with the 2026 theme.
- **Professional collaboration.** Participation by Yemeni and Egyptian experts enabled scientific exchange across institutions and generations of dermatology professionals.
- **Continuity of training.** The event formed part of YSDVA's sustained effort to expand continuing education opportunities despite the challenges affecting healthcare provision in Yemen.

Participation and Outreach

The scientific event was attended by 200 participants in Sana'a. To broaden access to the scientific programme, the organisers also publicised a Zoom link for remote participation.

Free Patient Consultation and Treatment Days

Alongside the scientific event, YSDVA organised a series of free consultation and treatment days for people living with psoriasis. According to the organisers, 250 patients benefited from free clinical examinations and the distribution of treatments. This patient-centred outreach extended the initiative beyond the lecture hall and supported access to dermatological care.

Free Patient Care Days — Photographic Documentation



Figure 6. Clinical assessment and consultations during the free psoriasis care days.

Conclusion and Future Directions

World Psoriasis Day 2026 combined scientific education, professional collaboration and direct patient support. Alongside the scientific meeting, the free consultation and treatment initiative benefited 250 patients with psoriasis. Reflecting the theme “Look Beyond My Skin – Youth in Focus,” these activities recognised both the clinical and psychosocial dimensions of psoriasis. Future programmes could further strengthen community outreach while documenting patient outcomes and expanding continuing medical education.